

Eartheasy October Sustainability Challenge	Week One					Week Two					Week Three					Week Four				
	Recycling & Waste					Behind the Purchase					Food					Energy Conservation				
	Mon	Tues	Wed	Thu	Fri	Mon	Tues	Wed	Thu	Fri	Mon	Tues	Wed	Thu	Fri	Mon	Tues	Wed	Thu	Fri
October 3 - 28	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28
Blair																				
Watched Documentary	Yes = +3					Yes = +3					Yes = +3					Yes = +3				
Other Weekly Point	Yes = +5					Yes = +5					Yes = +5					Yes = +5				
Recycling & Waste																				
Did not use a take-out coffee cup																				
Did not use any disposable takeout																				
Did not use plastic bags																				
Packed Lunch																				
Behind the Purchase																				
I researched where 1 item from my lunch came from																				
I did not drink a non fair trade coffee or tea																				
I looked up ingredients in 1 hygiene product I used today																				
Food																				
Did not eat any out of season produce at breakfast or lunch																				
Ate vegetarian breakfast and lunch																				
Ate organic breakfast and lunch																				
Ate somewhere that buys local (farm to table)																				
Energy Conservation																				
Turned off computer at end of day																				
Turned off bathroom light all day																				
Bike or walked to work (3 points)																				
Took public transit to work (2 point)																				